

SURRENDER



Philippians 4:4-7



Part of the **cure** for anxiety and worry is **seeking God** in prayer

When we go to God in **prayer**, we're displaying the other part of the cure; utter **dependence** and **faith** in God



How can we **trust God**
with our **eternity**
(with our forever future),
but **NOT** in our **present**
predicament?



How should we process
anxiety and **worry**?



A white, slightly crumpled banner is held up by a rough, light-brown wooden stick on the left side. The banner is set against a dark, textured background that looks like a night sky or a dark sea. The text on the banner is written in a bold, black, sans-serif font, arranged in two lines.

**THE CURE FOR
WORRYING**

I. OUR **WORRYING** IS A
WARNING
(IT'S AN INDICATOR)

Matthew 6:19-24



When we sadly choose to
value the **world's priorities**
more than we value
God's priorities, then
we'll be worried



Being worried might be an **indicator** (it might be a sign) that our priorities need to be **examined** and **evaluated**



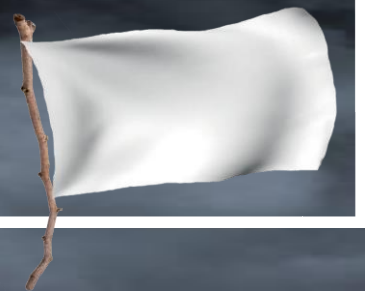
II. OUR **WORRY** EXPOSES HOW WE TRULY **VIEW GOD**

The **way** in which we respond to life's **difficulties** reveals how much we actually trust God



Matthew 6:25-34

When we remember how
faithful God has ALWAYS been
and focus on **trusting Him** our
worrying **fades** away



III. OUR **SAVIOR** IS BIGGER
THAN OUR GREATEST **WORRY**

Matthew 8:1-17



After the **Sermon on the Mount**, Jesus goes out and performs miracles
(Jesus **proves** His power and authority)



Jesus DOESN'T say the
command "Do NOT worry"
from a cold heart, NO,
Jesus says it, knowing that
He is able to equip us



ALL of us need to get our
eyes **off our troubles** and
squarely focused on our
Savior's **jaw-dropping power**



CHALLENGE

